

❏ Winter Lapland Trip

accessories

Cute Sleep Mask	x1	☐
Eyeglasses	x1	☐
Hand Warmer	x1	☐
Notebook	x1	☐
Pen	x1	☐
Playing Cards	x1	☐
Shoe Insoles	x1	☐
Sunglasses	x1	☐
Towel	x1	☐
Travel Neck Pillow	x1	☐
Umbrella	x1	☐

beauty

Bracelet	x3	☐
Concealer	x1	☐
Earrings	x3	☐
Eyeliner	x1	☐
Eyeshadow	x4	☐
Mascara	x1	☐
Nail Polish	x2	☐
Nail Polish Remover	x1	☐
Necklace	x3	☐

cosmeticAccessories

Contact Lenses	x1	☐
Cotton Buds	x10	☐
Eyeshadow Brush	x1	☐
Hair Tie	x1	☐
Hairbrush	x1	☐
Mirror	x1	☐
Nail Clippers	x1	☐
Powder Brush	x1	☐
Razor	x1	☐
Sanitary Pads	x1	☐
Tampons	x1	☐
Tissues	x1	☐

bags

Backpack	x1	☐
Bumbag	x1	☐
Cotton Shopping Bag	x1	☐

clothes

Base Layer Leggings/Long Johns	x1	☐
Beanie	x1	☐
Bra	x1	☐
Briefs	x5	☐
Buff	x1	☐
Down Jacket	x1	☐
Fleece	x1	☐
Flip-flops/crocs	x1	☐
Gloves	x1	☐
Insulated Leggings	x1	☐
Pajamas	x1	☐
Rain Jacket	x1	☐
Scarf	x1	☐
Socks	x5	☐
Sweatshirt	x1	☐
Sweatsuit	x1	☐
T-shirt, Preferably Merino	x4	☐
Thick Socks, Preferably Merino	x1	☐
Trekking Shoes	x1	☐
Undershirt	x1	☐
Warm Waterproof Pants	x1	☐

documents

Cash	x1	☐
Credit Card	x1	☐
European Health Insurance Card	x1	☐
Hotel Reservations	x1	☐
House Keys	x1	☐
Insurance Policy	x1	☐
Passport	x1	☐
Plane Tickets	x1	☐
Wallet	x1	☐

electronics

Camera	x1	☐
Camera Batteries	x2	☐
Camera Battery Charger	x1	☐
Car Charger	x1	☐
Cell Phone Charger	x1	☐
Earphones	x1	☐
Ebook Reader	x1	☐
Extension Cord	x1	☐
Laptop	x1	☐
Laptop Charger	x1	☐
Memory Card	x2	☐
Phone	x1	☐
Portable Speaker	x1	☐
Power Bank	x1	☐
Shoe Dryer	x1	☐
Tripod	x1	☐

medicalKit

Antispasmodic Medicine (i.e for Period Cramps)	x1	☐
Blister Patches	x1	☐
Eye Drops	x1	☐
Flu Medicine	x1	☐
Medicine for Diarrhea	x1	☐
Medicine for Flatulence	x1	☐
Medicine for Sore Throat	x1	☐
Medicine for Urinary Tract Infection	x1	☐
Melatonin	x1	☐
Painkillers	x1	☐
Sticking Plaster	x1	☐
Vitamin A Ointment	x1	☐

survivalKit

Plastic Bag	x1	☐
Rubber Band	x1	☐
Zip Lock Bag	x5	☐

food

Citric Acid (for descaling a kettle)	x1	☐
Mints	x1	☐
Sandwich	x2	☐
Tea	x1	☐

outdoorAccessories

Backpack Rain Cover	x1	☐
Headlamp	x1	☐
Sitting Pad	x1	☐
Thermos Flask	x1	☐
Water Bottle	x1	☐
Waterproof Bag	x1	☐

toDo

Buy Insurance	x1	☐
Charge the Camera	x1	☐
Charge the Phone	x1	☐
Download Offline Maps on Your Phone	x1	☐
Download or Print Plane Tickets	x1	☐
Water the Flowers	x1	☐

toiletries

Carex	x1	☐
Deodorant Stick	x1	☐
Eye Cream	x1	☐
Face Cream	x1	☐
Face Powder	x1	☐
Hair Oil	x1	☐
Hand Cream	x1	☐
Make-up Remover Wipes	x1	☐
Perfume	x1	☐
Shampoo	x1	☐
Spf Cream	x1	☐
Spf Lip Balm	x1	☐
Toilet Paper	x1	☐
Toothbrush	x1	☐
Toothpaste	x1	☐
Wet Wipes	x1	☐